

LVWASC September Holiday Timetable WEEK ONE ONLY (22nd - 26th Sep)

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SQUAD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DRYSDALE	8-9am 3:15-4:15pm	OFF 4:30-5:30pm	8-9am 3:15-4:15pm	OFF 4:30-5:30pm	8-9am 3:15-4:15pm
CARRINGTON	7:45-9am 4:15-5:30pm	OFF 3:15-4:30pm	7:45-9am 4:15-5:30pm	OFF 3:15-4:30pm	7:45-9am 4:15-5:30pm
ADAMS	6-7:30am 5:30-7pm	OFF 5-5:30pm D/L 5:30-7pm	6-7:30am 5:30-7pm	OFF <u>5-5:30pm D/L</u> 5:30-7pm	6-7:30am 5:30-7pm
DEVOY/LOADER/ HILLARY	6-7:30am 4-5:30pm	OFF 4-5:30pm <i>5:30-6:30pm D/L</i>	6-7:30am 4-5:30pm	OFF 4-5:30pm <i>5:30-6:30pm D/L</i>	6-7:30am 4-5:30pm
ADULT/ADVANCED FITNESS	OFF 7-8pm	OFF 7-8pm	OFF 7-8pm	OFF 7-8pm	OFF



LVWASC September Holiday Timetable Week TWO (29th Sep - 4th Oct)

SQUAD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
DRYSDALE	8-9am 3:15-4:15pm	OFF 4:30-5:30pm	8-9am <mark>OFF</mark>	OFF 4:30-5:30pm	8-9am 3:15-4:15pm			
CARRINGTON	7:45-9am 4:15-5:30pm	OFF <mark>OFF</mark>	7:45-9am 4:15-5:30pm	OFF 3:15-4:30pm	7:45-9am 4:15-5:30pm			
ADAMS	6-7:30am 5:30-7pm	OFF 5-5:30pm D/L 5:30-7pm	6-7:30am 5:30-7pm	OFF No D/L OFF	6-7:30am 5:30-7pm			
DEVOY/LOADER/ HILLARY	OFF	OFF 5:30-6:30pm D/L	OFF	OFF 5:30-6:30pm D/L	OFF			
MELBOURNE SWIMMERS ONLY	6-8am 4-5:30pm	OFF 4-5:30pm <i>5:30-6:30pm D/</i> L	6-8am 4-5:30pm	OFF 4-5:30pm <i>5:30-6:30pm D/L</i>	6-8am 4-5:30pm			
ADULT/ADVANCED FITNESS	OFF 7-8pm	OFF 7-8pm	OFF 7-8pm	OFF 7-8pm	OFF			

^{*}All senior swimmers not going to Melbourne in December to have the 2nd week of school hols off – dryland to continue as normal.

Skills clinics wk2: Carrington, Tue 30th, 1:30-4:30pm

Drysdale, Wed 1st, 1:30-4:15pm

Adams, Thu 2nd, 4-7pm